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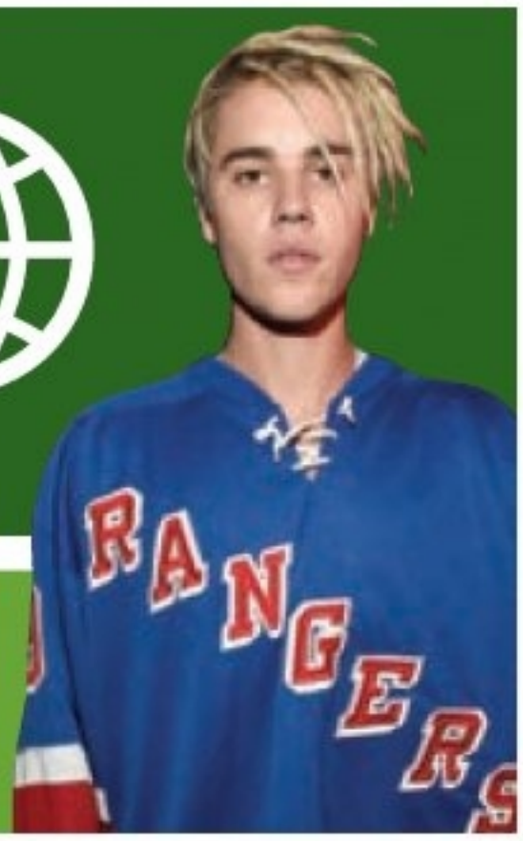

BIEBER GOT HIMSELF A FACE TATTOO

And naturally it makes the ever-annoying kid look really wimpy. 16

Arianna Huffington: Get some sleep already! 21

Macnow: Isn't it time to embrace Ryan Howard? 23

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MARK RUFFALO TURNS GREEN

When not playing the Hulk, the actor confronts other green issues, namely Philly water. 2

CHARLES MOSTOLLER

3 THINGS YOU NEED TO KNOW

NC SUES JUSTICE DEPT. OVER TRANSGENDER 'BATHROOM LAW'

1 North Carolina officials sued the Justice Department on Monday for challenging the state's law on public restroom access, in the newest chapter of the fight over the rights of transgender Americans. North Carolina Gov. Pat McCrory, a Republican, and the state's secretary of public safety accused the agency of "baseless and blatant overreach." In March, North Carolina became the first state in the country to require transgender people to use restrooms in public buildings and schools that match the sex on their birth certificate instead of one that matches their gender identity. REUTERS

ESCAPED CONVICT CAUGHT ON DAY 7 OF NEW JERSEY MANHUNT

2 After a weeklong manhunt, an escapee from a prison unit of a New Jersey psychiatric hospital was taken into custody on Monday in the state's desolate Pine Barrens wilderness. Arthur Buckel, 38, was under arrest in a forested area west of the Garden State Parkway near Lacey Township on the edge of the Pine Barrens, said New Jersey State Police and the Ocean County Sheriff's Office. "They got him in the woods," said a spokesman for the Ocean County Sheriff's Office, which tweeted a photograph of Buckel with his wrists handcuffed behind him surrounded by uniformed law enforcement officers. Buckel was two weeks away from parole when he disappeared Tuesday from a minimum security unit at Ancora Psychiatric Hospital in Hammonton, about 50 miles southwest of Lacey Township.

REUTERS

FCC, FTC LAUNCH INQUIRY INTO MOBILE DEVICE SECURITY

3 The Federal Communications Commission and Federal Trade Commission on Monday jointly sent letters to mobile carriers including AT&T, Sprint, Verizon Communications and others asking questions about how they release security updates in the wake of growing questions about security vulnerabilities, the agencies said. The FTC also said Monday it ordered eight mobile device manufacturers to provide information about how they issue security updates to address vulnerabilities in smartphones, tablets and other mobile devices.

REUTERS

Mark Ruffalo lends star power to local drinking-water issues

The actor joined scientists, students and volunteers on a trip to Tacony Creek to examine the water quality.

JENNY DEHUFF
@RuffTuffDH
jenny.dehuff@metro.us

When he's not breaking through his blue jeans as the "Hulk," or otherwise wooing us on the big screen, actor Mark Ruffalo is often investing his time on a more everyday issue: drinking water.

On Monday, Ruffalo and a handful of students, scientists and volunteers waded into the Tacony Creek in Cheltenham to examine the creek's water quality and probability for timely ecological improvement.

Ruffalo said that since he was a boy — whether it was growing up near Lake Michigan or along the Delaware River in Callicoon, New York, where he lives now — the issues of drinking-water conservation and preservation have always been ones close to his heart.

"Probably growing up along creeks like these, as a boy and watching them go from really pristine places to being contaminated. … I watched the fish there with ulcers and cancers growing off of them. During that time there was a big push for people to understand why our aquatic life was getting contaminated," he said.

"I'm a child of that period of time. Then, as I got older and had my own kids, I saw how the world was being affected — the natural world and wanting it to be safe and clean for them — I've just become more and more involved in this work."

Ruffalo met with volunteers from the Delaware River Watershed Initiative, a collaboration of about 50 nonprofit organizations that have developed shared action plans they hope will reduce threats to water quality throughout the Delaware Valley.

Actor Mark Ruffalo joined local scientists to help sample water from the Tacony Creek in North Philadelphia. CHARLES MOSTOLLER

> *"I live along the Delaware River. A lot of people don't understand that a lot of these waterways are connected, so what's happening here is happening downstream. It's happening in my community."*
>
> Ruffalo

They've partnered with environmental scientists with the Academy of Natural Scientists of Drexel University, fundraisers from the William Penn Foundation and stream-keepers and staff from the Tookany Tacony Frankford Watershed Partnership, to name a few.

"Our focus is to bring this watershed back to health," said Julie Slavett, executive director of the Tookany Tacony Frankford Watershed Partnership.

She said some of the group's bigger concerns are storm water runoff, like the sediment that accumulates in parking lots after heavy rains, for example, as well as flooding in the Tacony Creek.

"The city's drinking water comes from the Delaware, which this creek flows into, and the city is doing a very good job dealing with the runoff problem. In 25 years, Philadelphia's creeks will be fishable and swimmable," she said.

Laura Sparks, executive director of the William Penn Foundation, said that the foundation has seeded the DRWI with about $40 million in funding, but that an additional $190 million would be ideal to show measurably improved water samples by 2024.

"The Delaware River serves 15 million people — so 5 percent of the U.S. population get their drinking water from this watershed," said Sparks.

Since 2008, Ruffalo has publicly expressed opposition to fracking and particularly hydraulic fracking, and said he considers it a personal mission to help clean up what's happening around his home.

"I live along the Delaware River. A lot of people don't understand that a lot of these waterways are connected, so what's happening here is happening downstream. It's happening in my community," he said.

"I was fighting hydrofracking, starting in Pennsylvania. I saw it for the first time — all the devastation it was causing and then it became imperative to protect the Delaware River as the treasure it is."

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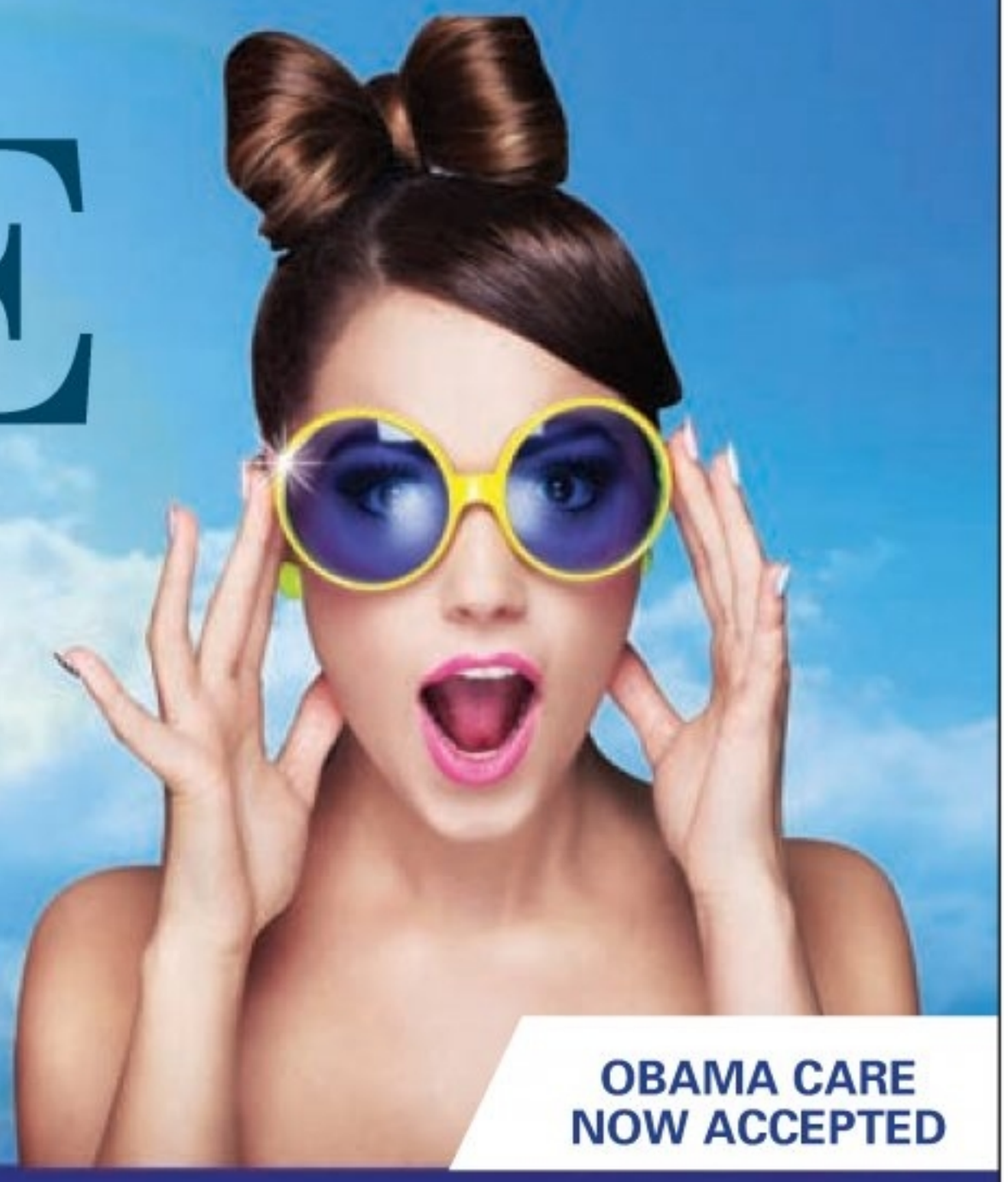

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Sen. Toomey beats anti-sanctuary city

Sen. Pat Toomey appeared in Philly with state Rep. White to discuss their shared opposition to the policy.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

Gearing up for a re-election campaign during a presidential race badly shaken up by Donald Trump, U.S. Sen. Pat Toomey appeared in Philadelphia Monday to voice his opposition to the sanctuary city policies Mayor Jim Kenney has championed.

While that stance lines up with Trump's rhetoric, Toomey has not endorsed the presumptive GOP nominee, and authored a Philadelphia Inquirer op-ed Sunday calling him "not my first, second, or third choice." He also criticized the business tycoon and reality TV host, writing that his "vulgarity, particularly toward women, is appalling."

But Toomey struck a somewhat more conciliatory tone at Monday's news conference, noting that he agreed with Trump in certain areas — specifically repealing Obamacare and "simplifying" the tax code.

"He's got a lot of work to do to unite the Republican Party and win the presidential election," Toomey said.

The op-ed came as the campaign of Toomey's opponent, Democrat Kate McGinty, a former state director of environmental protection, has begun trying to associate him, in voter's minds, with Donald Trump — referring to his campaign as the "Trump-Toomey" ticket.

Regardless of whether Toomey sees differences between Trump and himself, he was in town to pitch his bill to cut off some federal funding to sanctuary cities like Philadelphia. Trump has also been intensely critical of sanctuary city policies, and his stark stances on immigration — including a temporary ban of all new Muslims — have polled well among Republican voters.

"Philadelphia has one of the most extreme sanctuary city policies in America," Toomey said.

Toomey called the policy an example of "politicians in a misguided way overriding the judgment of the law enforcement community."

"I do believe that the vast majority of Philadelphia police officers believe Philadelphia should not be a sanctuary city," Toomey said. He said that opinion is based on "numerous conversations" with members of law enforcement.

Toomey's words came just days after Kenney met with Department of Homeland Security Secretary Jeh Johnson, who personally asked Kenney to reinstate limited police cooperation with federal immigration authorities. Kenney refused.

Former Mayor Michael Nutter originally instituted Philly's sanctuary city policy, meaning local police are directed to not alert federal Immigrations & Customs Enforcement (ICE) when an illegal immigrant is arrested, and

Toomey and Trump GETTY IMAGES

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STREET COMMISH ARRESTED

Philly Streets commissioner on leave after alleged assault

A top city official is on leave after he was charged with assault for an incident at a house party five months ago.

The Philadelphia District Attorney's office has charged Donald Carlton, 45, commissioner of the Streets Department, with simple assault and reckless endangerment, according to court documents.

Carlton, of the 900 block of East Dyre Street, was arrested Friday for a Dec. 6 scuffle at a house party on the 6000 block of American Street, near the Fern Rock Transportation Center, said Cameron Kline, spokesman for the DA's office.

Carlton allegedly punched another person in the face multiple times, who suffered a bruised eye and fractured rib, according to Kline.

"Carlton and the 50-year-old male complainant were involved in a verbal argument that resulted in physical altercation," a police report on the incident stated. "The complainant sought medical attention for injuries to his eye and ribs; he was treated and released."

No further details about what prompted the fight, or why there was a five-month

drum as re-election campaign heats up

"He's got a lot of work to do to unite the Republican Party and win the presidential election."

Toomey, on Trump

to not follow "detainer holds" from ICE requesting individuals be held in detention.

Nutter changed the policy just before leaving office to match new ICE guidelines, allowing cooperation involving individuals convicted of violent crimes or suspected of gang involvement or terrorism activity, a move that prompted criticism from immigrant advocacy groups. Kenney undid that change on his first day in office.

"Mayor Kenney refused to modify Philadelphia's sanctuary city status even just to that very modest degree," Toomey said.

Toomey was joined by state Rep. Martina White, a Republican who represents parts of Northeast Philly and has taken intense flack for her legislation to end the city's sanctuary city status. Her bill would also make the city "liable" for any crimes or damages committed by illegal immigrants.

"I believe the safety of American citizens should be our No. 1 priority," White said. "It is just too dangerous to allow this policy to continue."

New Sanctuary Movement (NSM), an immigrant advocacy group that has argued sanctuary city policies make Philly safer by encouraging undocumented residents to contact and cooperate with local police, decried Toomey's statements.

"If Philadelphia stops being a sanctuary city, we will not feel safe to leave our homes, or to live a normal life," said Estela Hernandez, an undocumented mother, Catholic and NSM leader, in a statement on Monday. "We will be very afraid. If Sen. Toomey is Catholic, he should give people a second chance. He should put himself in our shoes, to understand our sufferings and should know we love our kids the same as he loves his kids."

But Toomey cited the death of San Francisco woman Kate Steinle, who was killed by an illegal immigrant who had previously been arrested and released by San Francisco police under that city's sanctuary city status, as an example of the dangers of the policy.

He also mentioned the case of Alberto Suarez, an illegal immigrant who allegedly grabbed a woman off the street at 8th and Race streets in 2010 and raped her against the wall of a nearby SEPTA station. Suarez is also charged with previously raping a Montgomery County teenager, and a Pittsburgh woman. The FBI tracked Suarez down in Mexico, where he was arrested in 2014.

Toomey said the sanctuary city policy meant in Philadelphia someone like Suarez, or someone suspected of links to terrorism, would essentially be protected from immigration authorities.

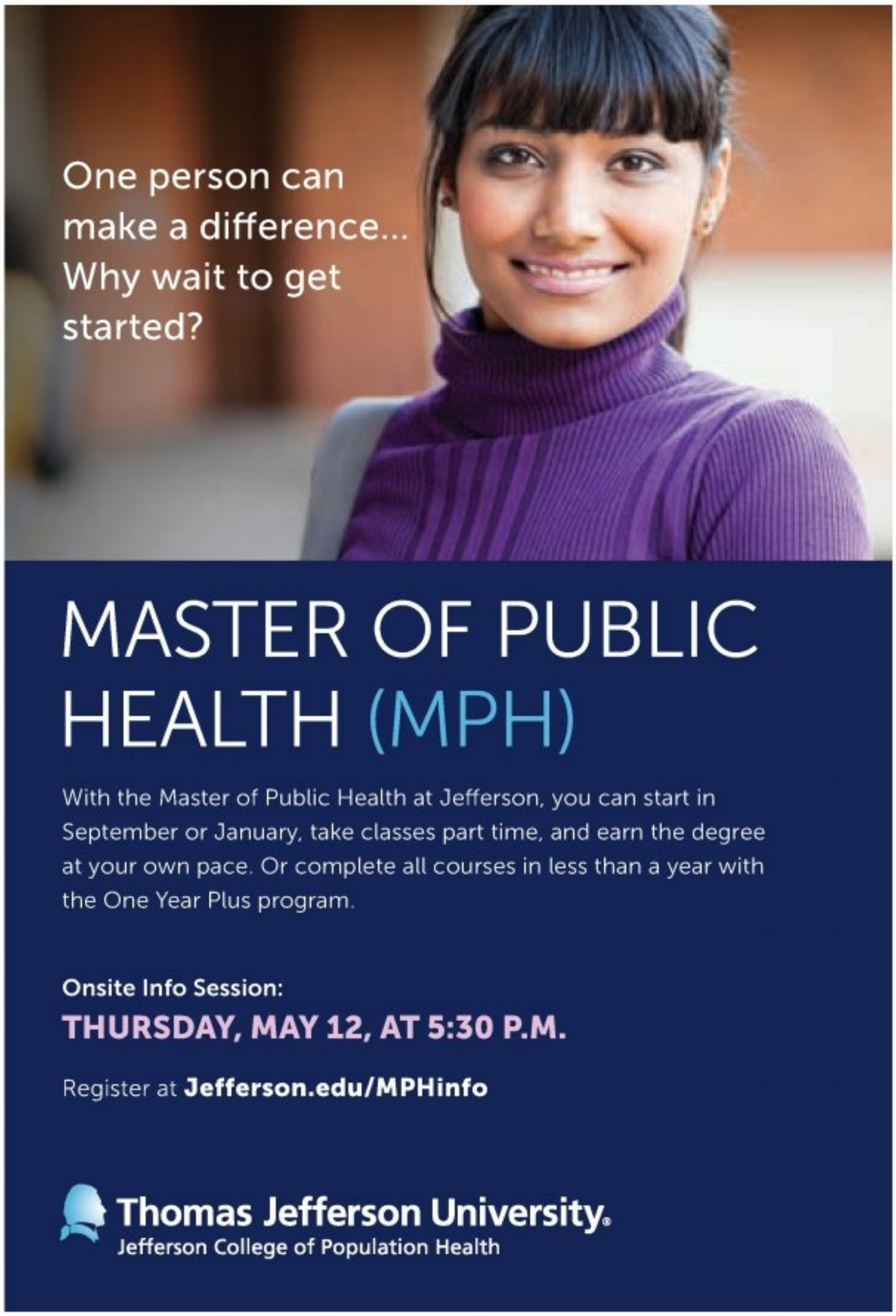
"Philadelphia's response is, 'No thanks, we'll release him, come back after he's committed a crime,'" Toomey said. "It's just too dangerous."

Carlton PROVIDED

delay between the incident and the arrest, were immediately available. Kline said an affidavit on the incident from police was received by the DA's office on April 8.

"Donald Carlton is on a leave of absence until further notice. Deputy Commissioner Mike Carroll will serve as acting commissioner effective immediately," said Lauren Hitt, spokeswoman for Mayor Jim Kenney.

She declined to comment on the cause of the fight or gap in time between the incident and the arrest, citing an ongoing investigation. Court records show Carlton was arraigned at 9:42 p.m. on Friday. Kenney announced he had tapped Carlton to lead the Streets Department on Nov. 25. Carlton is free after posting $2,500 bail. His first court appearance is scheduled for June 7. SAM NEWHOUSE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The street where the incident occurred GOOGLE MAPS

Police find man who called 911, claimed to have killed girlfriend

When Philadelphia officers responded to the location, they found a woman dead of apparent strangulation and four children asleep inside the home.

JASON NUCKOLLS
@MetroPhilly
letters@metro.us

After receiving an emergency call from a man who claimed he just killed his girlfriend, police were able to locate the caller in his car and take him into custody.

Around 2:30 a.m. on Monday, authorities received a 911 call in which a man told dispatchers he had strangled his girlfriend in a Kensington home near the corner of Rorer and Willard streets, NBC10 reported.

When officers responded to the location, they found a woman dead of apparent strangulation and four children, ages 5, 8, 10 and 12, asleep inside the home, NBC10 added. The caller had left the scene.

Authorities, who had retrieved the vehicle information associated with the caller, stopped the man, 24, shortly before 5 a.m. as he was driving near the corner of Thompson and Cumberland streets in Port Richmond, CBS3 reported. His name has not been released.

The man was taken into custody without incident, according to 6ABC, which added that he was moved to Hahnemann University Hospital for evaluation.

The children inside the home were not hurt, 6ABC stated, adding that officials were in the process of placing them with relatives.

So far, it is unclear what the alleged killer's motivation was, NBC10 stated.

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Eagles linebacker Connor Barwin helped the Vincenti family plant a tree after they won the #PhillyTreeTrek social media contest at their Fishtown home. CHARLES MOSTOLLER

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Report claiming Facebook 'trending topic' bias sparks social media outcry

An unnamed former Facebook employee told technology site Gizmodo workers "routinely suppressed news stories of interest to conservative readers" while "artificially" adding other stories to the trending list.

Facebook users can manually remove certain topics from their trending lists.
GETTY IMAGES

Facebook workers have often omitted conservative political stories from the website's "trending" list, the technology news site Gizmodo said Monday in a report that sparked widespread comment on social media.

Facebook told Reuters on Monday that there are "rigorous guidelines in place" to maintain neutrality and said these guidelines do not prohibit any news outlet from appearing in trending topics.

Facebook did not respond directly to questions about whether employees had suppressed conservative-leaning news.

"These guidelines do not permit the suppression of political perspectives. Nor do they permit the prioritization of one viewpoint over another or one news outlet over another," a spokesperson for Facebook said.

The report alarmed some social media users, with several journalists and commentators criticizing Facebook for alleged bias.

"Aside from fueling right-wing persecution, this is a key reminder of dangers of Silicon Valley controlling content," tweeted journalist Glenn Greenwald (@ggreenwald).

"Well, you go to Hell, Facebook," tweeted Kyle Feldscher (@Kyle_Feldscher), a reporter at the Washington Examiner, a conservative-leaning publication.

"For anyone who cares about press freedom, this is frightening stuff," tweeted Bill Grueskin (@BGrueskin), an editor at Bloomberg, with a link to Gizmodo's story.

"If we can confirm that the allegations are true and accurate, that would be disappointing."
Ian Walters, CPAC communications director

"Former Facebook Workers" quickly became one of the top 10 trending topics on Twitter in the U.S. after the Gizmodo story broke.

The Conservative Political Action Conference, one of the groups reportedly blocked from Facebook's trending list, said it would closely monitor how the claims against Facebook unfold.
REUTERS

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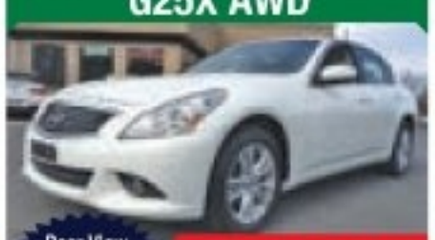
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Uber drivers, if employees, owed $730 million more: Court documents

An Uber driver in New York City opens a door for his passengers. BILLY BECERRA, METRO

Drivers who worked for ride-hailing service Uber in California and Massachusetts over the past seven years would have been entitled to an estimated $730 million in expense reimbursements had they been employees rather than contractors, according to court documents made public on Monday.

The figure was calculated by attorneys for drivers in a class action against the company, based on a standard rate for mileage reimbursement set by the U.S. government, and on data provided by Uber. Uber disputes the idea that drivers would ever be entitled to that reimbursement rate.

Uber and smaller rival Lyft are attempting to settle legal actions by drivers who contend they should be classified as employees and therefore entitled to reimbursement for expenses, including gasoline and vehicle maintenance. Drivers currently pay those costs themselves.

The proposed settlement would pay drivers up to $100 million.

According to attorneys for the drivers, the total value of driver claims in the Uber case is $852 million, which includes a tips claim. Uber calculates the total value of plaintiff claims at $429 million.

Uber attempted to keep those figures secret, but a San Francisco federal judge ordered them unsealed last week. REUTERS

BRIEF

Ex-FBI agent admits lying during 'Whitey' Bulger trials

A former FBI agent admitted on Monday that he lied on the witness stand during the 2013 trial of former Boston mob boss James "Whitey" Bulger, officials said.

Robert Fitzpatrick pleaded guilty to 12 criminal counts of perjury and obstruction of justice for a wide variety of false statements during the high-profile mob trial.

The first witness called by Bulger's attorneys, Fitzpatrick had told the jury he concluded that the FBI should not be working with Bulger as an informant because when he looked into his eyes he "couldn't see his soul." REUTERS

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Trump picks Christie to head transition team

Christie endorsed Trump after dropping out of the 2016 Republican primary race in February and has been campaigning with the New York billionaire.

Republican presidential candidate Donald Trump said on Monday he has chosen New Jersey Gov. Chris Christie, a rival turned ally, to lead his White House transition team as he prepares for the general election campaign.

"Governor Christie is an extremely knowledgeable and loyal person with the tools and resources to put together an unparalleled Transition Team, one that will be prepared to take over the White House when we win in November," Trump said in a statement.

Trump, the presumptive Republican nominee in the Nov. 8 presidential election, said Christie will oversee an "extensive team."

Trump's campaign said the candidate was moving into a general election mode and "implementing an infrastructure capable of securing a victory including making key hires, building a finance operation to benefit the Republican Party and unifying the party by working with several Republican leaders now voicing their support for Mr. Trump and his candidacy." REUTERS

ILLUSTRATION BY BILLY BECERRA, METRO

BRIEFS

Report: Speaker Ryan says he would step down as GOP convention chair if Trump asks

Paul Ryan said he would step down as chairman of the Republican Party's July convention if presumptive Republican nominee Donald Trump asked him to do so, a Milwaukee Journal Sentinel reporter said on Twitter.

".@SpeakerRyan on whether he'd step down as convention chair if Trump asks: I'll do whatever he asks me to do," Christian Schneider, one of the newspaper's columnists, tweeted. REUTERS

Trump retreats on comments on raising taxes on the wealthy

Donald Trump backtracked on his remarks about raising taxes on wealthy Americans, saying the rich might get a smaller tax cut than he originally proposed.

Trump walked away from his comment that taxes on the wealthy would "go up" once his broad tax policy proposals, which include tax cuts for rich Americans, were negotiated with Congress. That appeared to be a break with traditional Republican support for lower taxes in all income brackets. REUTERS

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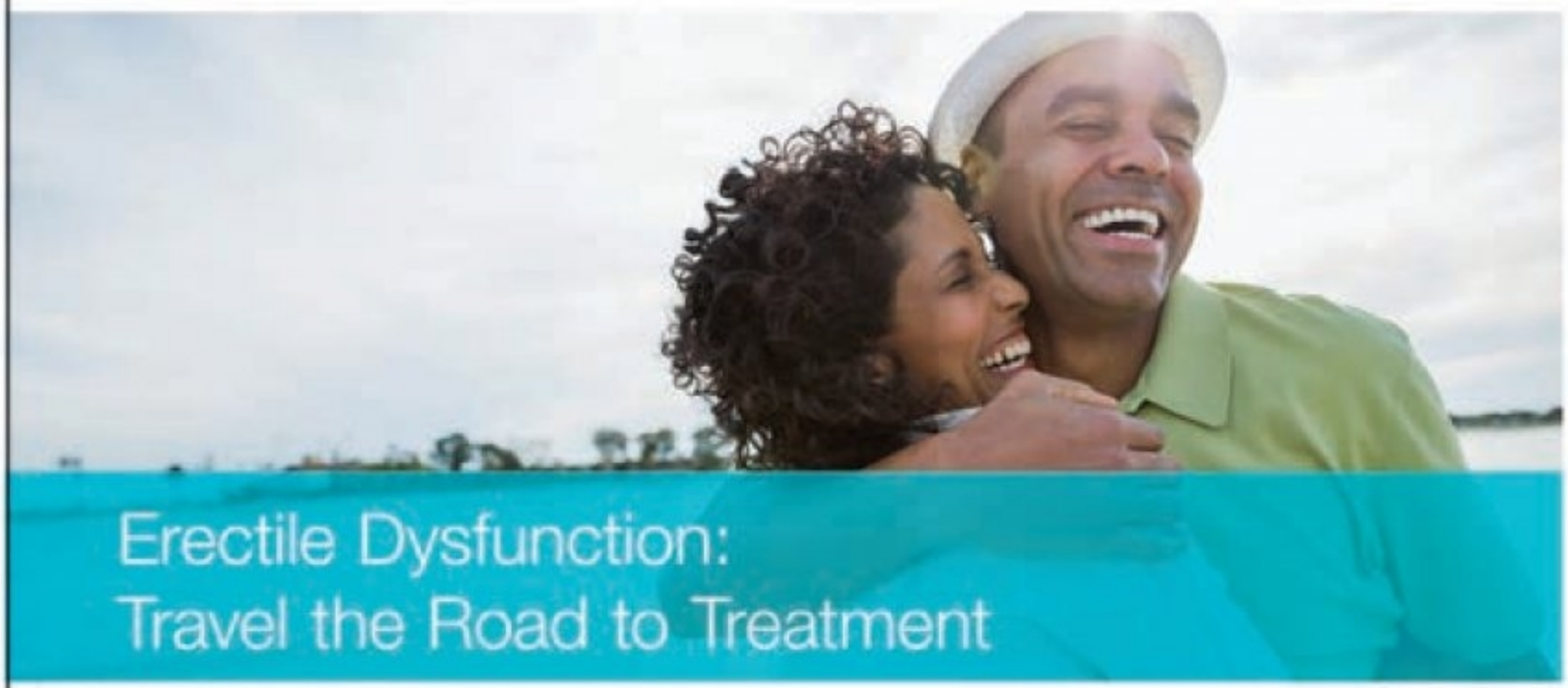

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Ferguson swears in black police chief

Racial makeup of city police department has been a source of controversy because most officers are white, while two-thirds of residents are African-American.

Ferguson police GETTY IMAGES

Ferguson, Missouri, the site of violent protests after a white officer shot and killed an unarmed black teenager in 2014, on Monday swore in an African-American police chief who said his focus is on making the community safer, not more profitable.

"Government is not designed to make a profit," said Delrish Moss, a 51-year-old veteran of the Miami Police Department, referring to past Justice Department complaints of aggressive ticketing of African-Americans by the police to boost city funds through fines. "Ferguson knows now that that is not the way to do things."

His swearing in comes less than three weeks after a federal judge approved an agreement to reform Ferguson's police department and municipal law code. The reforms are intended to fix what the Justice Department has called widespread racial bias in the city's police department.

Moss, ahead of his installation, said his experience in Miami has been a training ground for Ferguson, and his goal is to make the community safer.

The Justice Department initiated a civil-rights investigation into Ferguson's policing after Michael Brown, 18, was shot and killed by a white officer in 2014.

Moss, who in his 32 years in Miami worked patrol, undercover assignments and homicide investigations, previously said Ferguson's police department needed a massive recruiting drive to become more reflective of the community. Moss most recently was supervisor of Miami Police Department's public information and community relations.

He is at least Ferguson's third police chief since Brown's death. Ferguson erupted into violent protests after a grand jury chose not to indict the white officer, Darren Wilson. REUTERS

BRIEF

Three Delaware teenagers charged in fatal school beating of classmate

Three high school girls in Delaware are facing criminal charges over the fatal beating of a classmate inside a school bathroom last month.

Amy Joyner-Francis, a 16-year-old sophomore at Howard High School of Technology in Wilmington, died following an early-morning fight April 22.

The state department of justice said it had charged Trinity Carr, 16, with criminally negligent homicide and would seek to try her as an adult. She faces up to eight years in prison.

Carr was the only girl to strike Amy, though all three girls planned the confrontation, according to the department.

The other two girls, Zion Snow and Chakeira Wright, have been charged with criminal conspiracy, which carries up to one year in prison. They will be tried as juveniles.

An autopsy concluded that Joyner-Francis died from a "cardiac incident" that stemmed from a pre-existing heart condition but was brought on by the stress of the attack, according to the department. REUTERS

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Bieber's got ink on his face

They grow up so fast. Justin Bieber has passed a milestone on his way to being the absolute worst: He got a face tattoo. But don't worry — it's tiny and rather silly looking. Yes, Bieber managed to do something utterly ridiculous but still in a failure-tastic way. That's our boy. "Justin came in last night and decided on a small cross near the corner of his eye," the tattoo artist, named a "Waltons"-esque Jonboy, tells Us Weekly. "It represents his journey in finding purpose with God." Really? Because it looks like he's the wimpiest inductee in a prison gang. This move marks a significant change in Bieber's stance on face tattoos from earlier this year — and yes, for those keeping track, it's only May — when he told GQ magazine that he'd only get one when he's "really old. Not superold, but maybe, like, 40s or 50s or something," he said. "I think if they're done right, they could be cool, but nothing crazy all over the face." Well, we'll see how he feels — and how his face looks — in another three months.

ALL PHOTOS GETTY IMAGES

the word

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Rob Kardashian gives Blac Chyna a Mother's Day salute

Let's just call this yet another example of how Rob Kardashian has no patience whatsoever. The lone male Kardashian sister gave his pregnant fiancee, Blac Chyna, a bouquet of white roses for Mother's Day, Chyna revealed on her Instagram. And the dad-to-be gave her a tribute on his own Instagram account as well, so you know it's love. "Happy mamas day to this beautiful Mama, I fell in Love with her immediately because of how great of a mom she is and now I'm looking forward to starting a Family with her," he wrote. "Thank You Chy for everything you do for me." Kardashian's whirlwind romance with Chyna has seen dating, engagement and pregnancy announcements coming weeks apart from each other, and now he can't even wait until she's had the baby to celebrate her being a mom, which seems like it's against the rules of Mother's Day? Can't you just wait until next year? How silly of me, look who I'm asking.

Brie Larson is engaged

Man, Brie Larson's year just keeps getting better and better. Yes, she won an Oscar for her role in "Room," and yes she just got some good reviews for her inaugural hosting stint on "Saturday Night Live." But this is probably much more important to her: Larson is now engaged to her longtime boyfriend, Alex Greenwald, her rep confirms to E! News. Larson fans would be familiar with Alex because he popped up in all of her acceptance speeches during her successful awards-season run. At the Oscars, she even offered him the totally adorable, "I love you the whole thing."

Johnny Depp makes light of the War on Terrier

Now that Amber Heard and Johnny Depp have been punished for their whole smuggling teacup Yorkies into Australia on a private jet thing — and released a painfully stilted apology video about it — the "Pirates of the Caribbean" star apparently thinks it's time to go ahead and make light of the whole ordeal. Because why not? It's all behind us, right? While in London to promote his new film, "Alice Through the Looking Glass," Depp couldn't help but make a quip about the whole mess, telling press in faux-seriousness that he "would really like to apologize for not smuggling my dogs into England because it would've been a bad thing to do" during a press conference. "I'm going to do this everywhere I go." Is it me, or is he not really taking this whole thing seriously?

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Paul Bettany on the dark side of Marvel

GETTY IMAGES

The MCU's own Vision says "Captain America: Civil War" is about the real world — kind of.

MATT PRIGGE
@mattprigge
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Paul Bettany doesn't have a deep history with comic books. After all, he's English. Not that comics are an exclusively American enterprise, but he wasn't all that versed in the art form before he signed up to voice J.A.R.V.I.S., Tony Stark's semi-sentient computer system, in the first "Iron Man."

"I had no idea how rich and complex this world was, and how intricate the relationships between the characters were," Bettany tells us. "It's been heartening to find out, because I spend a large part of my year being in these films."

Indeed, Bettany has returned again and again as J.A.R.V.I.S., appearing in so many movies that his character wound up evolving, in a sense. In "Avengers: Age of Ultron," he became Vision, the omnipotent being who joined with the other do-gooder superheroes, as he does again in "Captain America: Civil War."

There's an increasing amount of intel to process, and Bettany says he'll frequently bug the filmmakers to explain the nitty-gritty. They also give him plenty of homework.

"We all — or maybe it's just me — get packages. Marvel and [producer] Kevin Feige sent me relevant comic books," Bettany says. He likes working for lifelong fans. "They know they're doing basically what they did as kids, but at a super high level. To me they are Yodas."

In "Civil War," Vision is grappling with his

You know, for the kids

Not that one can't watch these Marvel films while thinking about how horrible everything is in real life. It's sometimes easy to forget, given the relative sophistication and deep thought in many modern comic book movies, that they're also for the young. Naturally, Bettany's kids adore that their dad is a superhero.

"They love coming on set and seeing all the gadgets and the costumes. Maybe not so much my 18-year-old son," he says, referring to Kai, who his wife, fellow actor Jennifer Connelly, had from another relationship. "He's a little bit busy at Yale studying calculus. I hope it's not at the forefront of his reading material right now."

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Paul Bettany returns to the role of Vision. MARVEL

powers while being essentially a child.

"The fun bit is having to imagine just being born in the last movie," he says. "You get to imagine what it's like to have these superpowers and be omnipotent, and yet be totally naive."

This entry also puts him in the middle of a key debate: Should the Avengers have government oversight? Or should they be free to (hopefully) do good, albeit sometimes with collateral damage? (See: the super-sized climaxes of both "Avengers" films, which saw two separate cities nearly destroyed.)

"We're all living in the same world, and the world we're living in is very troubled," Bettany explains. "Usually these sorts of movies are pure escapism. It's interesting to have a movie that doesn't avoid those questions, that tackles those questions in a slightly altered universe. In this movie you see a group of super-powered human beings struggling with unilateral intervention, and whether there should be a regulating body governing that. Topical stuff."

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Seratones rock onto the scene with Southern soul and spirit.

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BIG ROCK FROM THE BAYOU

CHAD KAMENSHINE

While New Orleans is usually a go-to for music in Louisiana, there's been something brewing in Shreveport and it comes in the form of rock band Seratones.

Pure, titillating rock 'n' roll at its finest, the Southern four-piece sounds like what you'd get if Save Ferris, Black Sabbath and Aretha Franklin had a love child.

Fronted by powerhouse vocalist A.J. Haynes, the band — comprising Connor Davis, Adam Davis and Jesse Gabriel — creates music that makes you feel like you're at a carefree high school party. Formed in 2014, the band grew up together in charming Shreveport, where they have quite the musical history.

Seratones played in a lot of different bands together throughout the years, going from one project to the next. When they won a contest for their work at the renowned Blade Studios, the band was able to focus on new material — which eventually resulted in their debut album, "Get Gone."

"We were of the 'If you build it, they will come mentality,'" says Haynes. "We had been crafting the songs since [being in the studio]. Everything just took off from there."

It's not surprising that Seratones is such a fun band: That's the whole spirit of the Shreveport music scene. Seratones cite one of their favorite bands as a two-piece hip-hop group that raps about spaghetti. Everything is all in good fun in Shreveport.

Last week, Seratones released "Get Gone," which feels like one big rock roller-coaster ride — because that's what it's been like for the band. It's something that resulted in a record perfect for a rager. The band spent two weeks recording the music, but up until that point, they had been perfecting the heavy guitar work, drums and soaring vocals of the songs.

"Songs are living creatures: They're constantly changing, but we found that with the record we wanted to capture the live energy," says Haynes. "If you're making music and you're not having fun, then there's no point. So, we wanted [the album] to sound like a party."

There's a certain quality to the band that's reminiscent of the anthemic energy from Alabama Shakes. While the four piece's sound is more straight-up rock than blues-rock, there's a spirit about them and the revival of classic rock that breeds similarities. It could be the combination of the band being able to put on a good show and have a good time that makes them stand out.

Regardless of the reception of "Get Gone," the Seratones are focused on what they want to achieve when it comes down to it all.

"We want to tour the world, be successful and make good art," Haynes says. "So if there's a cult following for that, that's great. But our No. 1 prerogative is to make good music that we can be proud of. If we build it, they will come."

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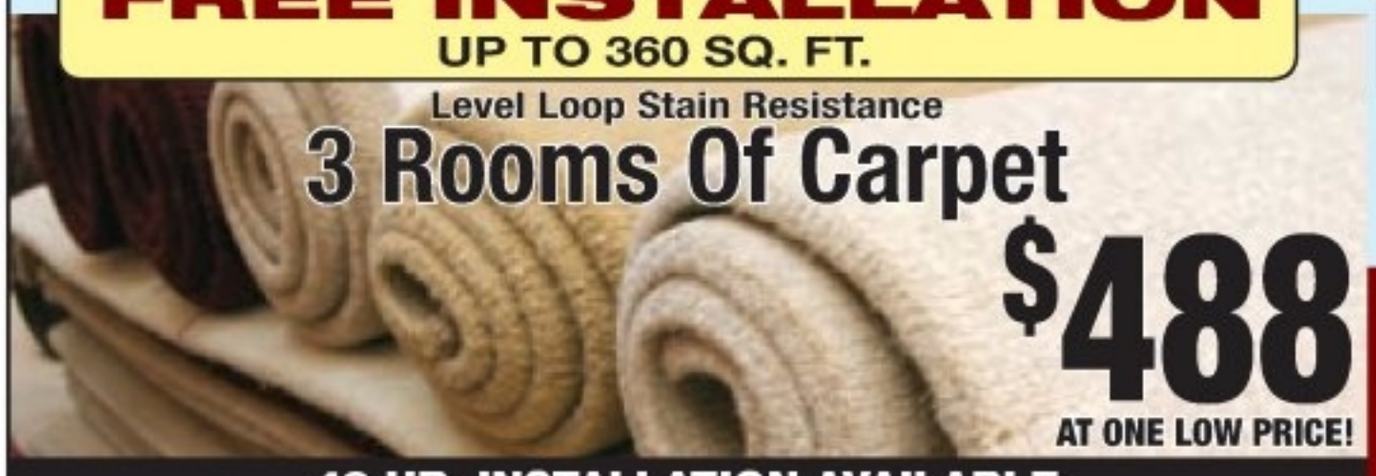

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When most people hear the name "Arianna Huffington," they think columnist, they think co-founder and editor-in-chief of The Huffington Post, they think political animal. They don't think sleep.

Yet after a time of finding her health, well-being and overall effectiveness — personally, professionally — dinged by a lack of sleep, she took action — and, of course, wrote about it.

"The turning point was me collapsing [in 2007] from sleep deprivation and breaking my cheekbone," says Huffington. "That was my wake-up call. I then began to look around and realize that I, by no means, was the only one. Millions of people are suffering from burnout due to a lack of proper sleep. We live in a culture with a collective delusion that we need to be always on."

Our collective lack of shut-eye is actually making us less effective.

"Only by renewing our relationship with sleep can we take back control of our lives," says Huffington. That's the central thesis of her newest book, "The Sleep Revolution: Transforming Your Life, One Night at a Time."

Arianna Huffington
GETTY IMAGES

The most important question: How did you sleep last night?

Perfect question. I slept beautifully. I was in Boston, I got my eight hours, worked out, did my full day in that city, which included speaking at a women's conference, and now, I'm on my way to the White House Correspondents' dinner.

Do you know who you're seated with?

We have a great group of social-media stars sitting at our table, such as The Fat Jew.

Where do you stand on the election now?

My biggest concern — and that of Huffington Post, which is why we've embedded an editor's note at the end of every story — is to remind readers how dangerous Donald Trump is.

When were you able to connect the dots between sleep deprivation and other aspects of your life being off?

When I look back, it was easier for me to catch colds. My immune system was lower. There was a clear connection there as well as with my level of decision making, as I made bad hiring decisions.

What happens now when you don't get that level of sleep?

I don't like myself at those times. I find that I am crankier and more easily upset by things if I don't get proper rest. I'm not as creative or as good at problem solving. Most importantly, I don't have the same sort of joy of which I am blessed to have in my life.

Before you looked to expert advice, what commercial steps did you take? In your book, you aren't fond of sleeping pills.

It's not a solution, long-term. There are so many natural alternatives — half of the book centers on that. You also have to change your mind about the importance of sleep. After that, it is easier to change your habits in small microsteps. It's like with young children, you don't just drop them in bed. There are transitional steps that I detail in the book.

Was it hard giving up artificial light during sleep time?

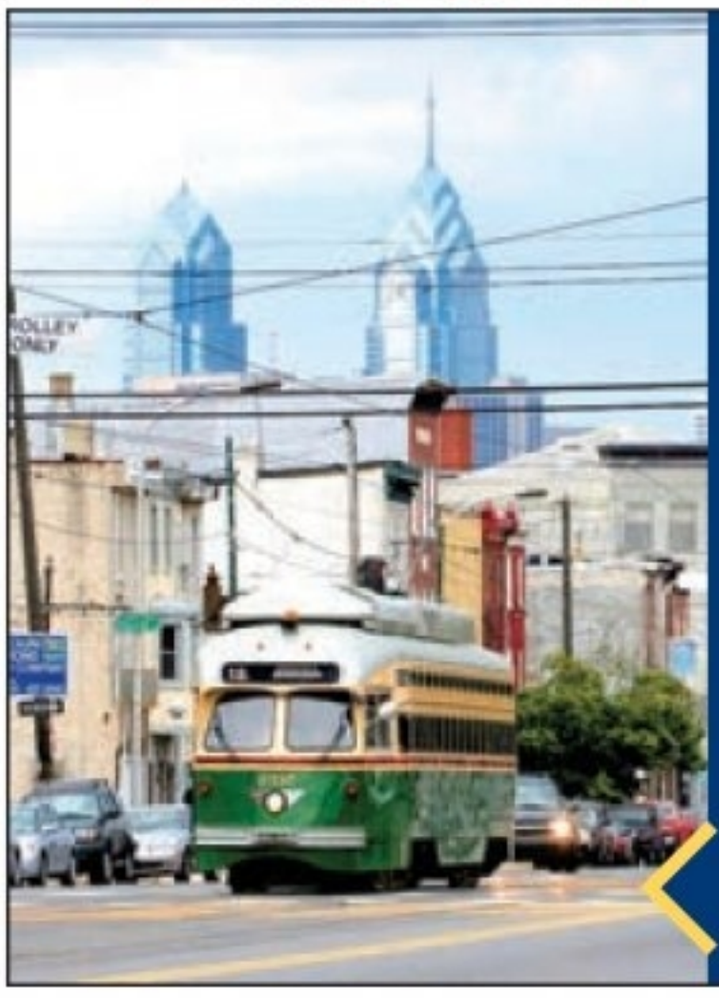
It was. Like so many of us, I have been addicted to my technology. Basically, what worked was having a little bit of discipline at the beginning in, say, disengaging from my computer. Thirty minutes before I turn out the light, then 15 minutes, then 5 minutes. What becomes a magnet is how you show up for your life the next morning.

One of the things you write smartly about in "Sleep Revolution" is the positive effect of cognitive behavioral therapy.

I'm trying to base what I'm saying on science. We have the evidence that CBT is effective when it comes to sleep. Once you try all the alternatives like the warm bath to wind down your brain, turning off all of your devices or reading in bed. If you still have trouble sleeping, CBT corrects what keeps us awake.

What should we take from "The Sleep Revolution"?

What I learned while researching the book is that our culture needs to shift its way of thinking from the delusion that "we'll sleep when we're dead." We are paying too heavy a price with that in regards to our health, happiness and decision-making. Cultures believe a lot of false things — remember how we once thought smoking was OK for us? Sleeping is the new smoking — a genuine problem that we need to fix.



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Troubled young adults could try out various art classes to find a way of channeling their emotions productively. ISTOCK

Stopping the next psychopath

Creative people have a dark side — what if schools helped them express it?

DMITRY BELYAEV
Metro World News
letters@metro.us

What if teenagers who don't seem to fit in at school are targeted for enrollment in art classes instead of ignored and left on their own?

That's the hope of researchers at De La Salle University in the Philippines, who have found a link between artistic ability and the dark personality traits associated with psychopaths.

This could be the reason some actors and musicians have a reputation for being difficult to get along with. But social isolation could also be a cue to teachers that kids need alternative ways to express themselves.

"A creative field might not just shape a person into a more arrogant or dishonest personality — it might be actively selecting them, not for the sake of having disagreeable traits but because such traits meaningfully co-vary with creativity itself," says study co-author Adrianne John Galang.

The study consisted of a three-phase personality analysis, from surveys to measure meanness to watching participants during a gambling task for signs of anxiety.

"In two samples of young adults and college students, a certain trait associated with a lack of fear, being dominant and self-enhancement was able to predict who was more creative," Galang says.

"We also found that although creative people did not behave in a riskier fashion in the gambling task, they showed [fewer] nervous-system reactions, which might mean they experienced less anxiety compared to other peers."

This is where the purpose of the study turns to young adults. Galang and his team hope their findings could lead to helping those on the cusp of sliding into an antisocial adulthood by setting them on a path to creativity. They also believe the discovery could lead other people to investigate similar connections to piece together how biology and society conspire to tweak human personalities.

"We are about to begin some studies into the motivation side of this question, which is lacking in the current study," Galang says. "Emotional disinhibition on its own can't account for creativity, so we want to investigate what drives people's desire to be creative as opposed to doing something else."

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LET'S GIVE THE BIG PIECE SOME PEACE

GLEN MACNOW

OPINION

Glen Macnow has been an outspoken voice in Philly sports for nearly three decades.
@realglenmacnow

Ryan Howard will likely be out of Philadelphia following this season. So shouldn't Phillies fans give him a fond sendoff? GETTY IMAGES

On April 30, the night after he'd hit a walk-off home run to beat the Indians, Ryan Howard got booed at Citizens Bank Park.

It came after a strikeout, his 1,754th as a Phillie. I'm not sure Howard even heard it, since boos have been the white noise accompanying him at home games for, how long now? Five seasons? Certainly since he returned from shredding his Achilles in that final out against the Cardinals in the 2011 NLDS.

This is Howard's last go-around in town, probably his final season in the majors. Two years from now, they'll hold a 10-year reunion for that championship team. We'll watch Brad Lidge's slider fall into Chooch's glove on the scoreboard and scream ourselves hoarse as the graying heroes return. Utley and Rollins and Burrell and Victorino.

And Howard. Because by then, we won't be living through this painful, seemingly eternal decline of an overpaid poor-fielding first baseman who never learned to ignore the low, outside curveball. By then we'll recognize him among the greatest ever to play for the Phillies — a slugger who averaged 133 RBIs a season over six years. A three-time All Star and five-time top-10 finisher in the MVP voting.

We're just not there yet.

I learned years ago not to tell fans how to react. In 2009, I proposed a three-year ban on booing to honor the Phillies championship. I nearly got heckled off the air. I appreciate that all fans have the right to exercise their lungs as they see fit. I am not here to scold.

But maybe we can look at Ryan Howard in a different light. As the clock ticks down, perhaps it's time to give him the appropriate sendoff that star players get in their final season.

Something midway between a Julius Erving God-of-the-Game Tour and a Mike Quick Golf-Bag Goodbye seems appropriate.

It would be different if Howard were stealing time from a hungry youngster. But Darren Ruf, now 29, is hitting .167 with zero home runs this season. Prospect Tommy Joseph, finally concussion-free, is pasting the ball in Triple-A, but still struggling to field the position.

Yes, Howard is scuffling himself, hitting under the Mendoza Line and crushed by WAR and RAA and any modern statistical metric you can find. He strikes out in one third of his plate appearances. But he still leads this largely powerless team in home runs. He and Maikel Franco are the only long-ball threats.

Howard's bloated salary is now irrelevant to the future of the Phils. The calls to trade him to the AL or just cut him loose are meaningless. And, trust me, he is not preventing the 2016 Phils from reaching the playoffs.

Boo if you like, but I'll cheer Ryan Howard during his closing days — for the 58-homer season and the 2009 NLCS MVP Award and the franchise home run count topped only by Mike Schmidt.

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MLB power rankings | by Ryan Hannable

No. 1

Cubs (24-6)

The Cubs have won seven straight games. Even if they played just .500-ball the rest of the season, they will still finish with 90 wins, which shows just how good their start has been.

No. 2

White Sox (22-10)

Pitching has carried them thus far with Jose Quintana's 1.38 ERA being second in the AL and Chris Sale's 1.79 ERA being fourth. They have won three in a row and have a five-game division lead.

No. 3

Mets (19-11)

Matt Harvey seems to be turning a corner and Yoenis Cespedes is now swinging a hot bat for the first-place Mets. He has 11 home runs and 30 RBI — second and first, respectively, in the National League.

No. 4

Nationals (19-12)

The Nationals were atop the NL East, but losing four straight games has taken them out of the top spot. Starter Tanner Roark is enjoying a great start to the year with a 2.03 ERA, good for fifth in the NL.

No. 5

Orioles (18-12)

Many picked the Orioles to finish in last place in the AL East, but they have flipped the script and are leading it. Mark Trumbo has been one of the biggest surprises as he's hit nine homers.

No. 6

Red Sox (18-13)

David Price and Clay Buchholz both have ERA's over 6.00, but the biggest surprise has been knuckleballer Steven Wright, who has allowed two runs or less in all six of his starts this year.

No. 7

Mariners (18-13)

Led by its offense, Seattle is atop the AL West standings just over a month into the season. As expected, Robinson Cano is leading the way with 12 home runs and 33 RBIs, both of which lead the American League.

No. 8

Rangers (18-14)

The Rangers have won three games in a row and are just behind the Mariners in the AL West. They don't have many superstars but are playing solid complimentary baseball.

No. 9

Phillies (18-14)

Somehow the Phillies are four games over .500 with a minus-27 run differential. This may be an indication they aren't as good as their record shows, but they are one of the biggest surprises in baseball.

No. 10

Pirates (17-14)

Pittsburgh is three games over .500 but because of the Cubs, they are already 7 1/2 games out in the NL Central. Mark Melancon continues to be one of the better closers in the game.

No. 11

Giants (17-16)

It's been up-and-down for the Giants, which goes along with their plus-1 differential. They are led by starters Johnny Cueto and Jeff Samardzija, who each have four wins, but need the rest of the staff to help out.

No. 12

Marlins (16-14)

Miami has won seven of its last 10 games to get back into the thick of the NL East. They are being led by Martin Prado and his .397 batting average, which is the best in the National League.

No. 13

Dodgers (16-15)

One way for the Dodgers to improve on their record is to play better at home, as they are just 5-8. Kenta Maeda continues to impress everyone in baseball as his 1.66 ERA is third in the National League.

No. 14

Cardinals (16-16)

Despite losing six of 10 games, the Cardinals still have a plus-40 run differential. They are third in the NL Central, but their potent offense is an indication they are better than their current record.

No. 15

Blue Jays (16-17)

With a lineup like Toronto has, it should be better than third place in the AL East. A big reason for this is a 9-10 record at home. Josh Donaldson has nine home runs. Meanwhile, offense will never be an issue for the Blue Jays.

Philly has three more games on the road before returning home. GETTY IMAGES

Phils have 3rd best record in NL, travel to face lowly Braves

The Phillies continue to find ways to win, and have 18 of them — more than most other MLB teams as they continue their current 10-game road trip in Atlanta this week.

An impressive 11 of these victories have come in one-run games.

"I feel like we've only had two or three games that haven't been by one run," Aaron Nola said Sunday after the Phils' most recent single-run win. "It makes it much sweeter when we do win the close games."

After taking two of three from the Marlins in Miami due to some clutch hitting from such household names as Andres Blanco and Tyler Goeddel, they will be salivating when they get to Atlanta, their next destination.

For three games, all of them 7:10 starts, Philly will face off against the only National League team with fewer runs scored and a worse team batting average.

The Braves have dropped four straight games and five of their last six and are mired in last place with the fewest wins in baseball (7-23). Their pitching is no better than their hitting, which has posted a 4.72 ERA, one of the worst in baseball and nearly a full point worse than Philadelphia's.

They'll throw their hottest pitcher to the mound first, as Matt Wisler faces Adam Morgan in the series opener, fresh off an eight-inning, one-hit performance in his most recent outing.

On Wednesday, Jerad Eickhoff will be pitted against Jhoulys Chacin, as each hurler looks to work through recent struggles against lackluster offenses.

In the Thursday finale, Vince Velasquez hits the hill for the Phillies looking to lower his top-10 2.17 ERA against Atlanta rookie Aaron Blair. EVAN MACY

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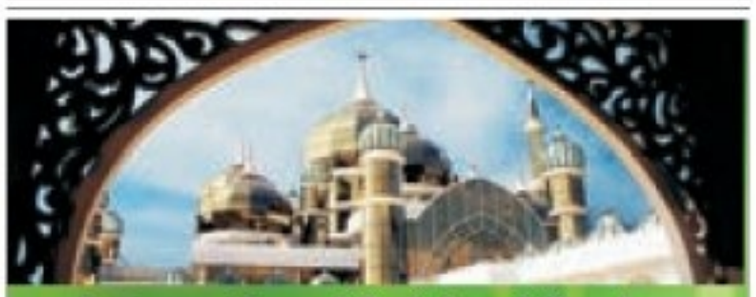

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LEGAL NOTICES

Court of Common Pleas for the County of Philadelphia, April term, 2016 No. 0070
Notice is hereby given that on 20 April, the petition of: Hiep Phero Nguyen was filed, praying for a decree to change his name to Nicolas Hiep Nguyen.

The Court has fixed courtdate, May 20, 2016 at 10 A.M., in Room No. 691, City Hall, Philadelphia, Pa. for hearing. All persons interested may appear and show cause, if any the have, why the prayer of the said should not be granted.

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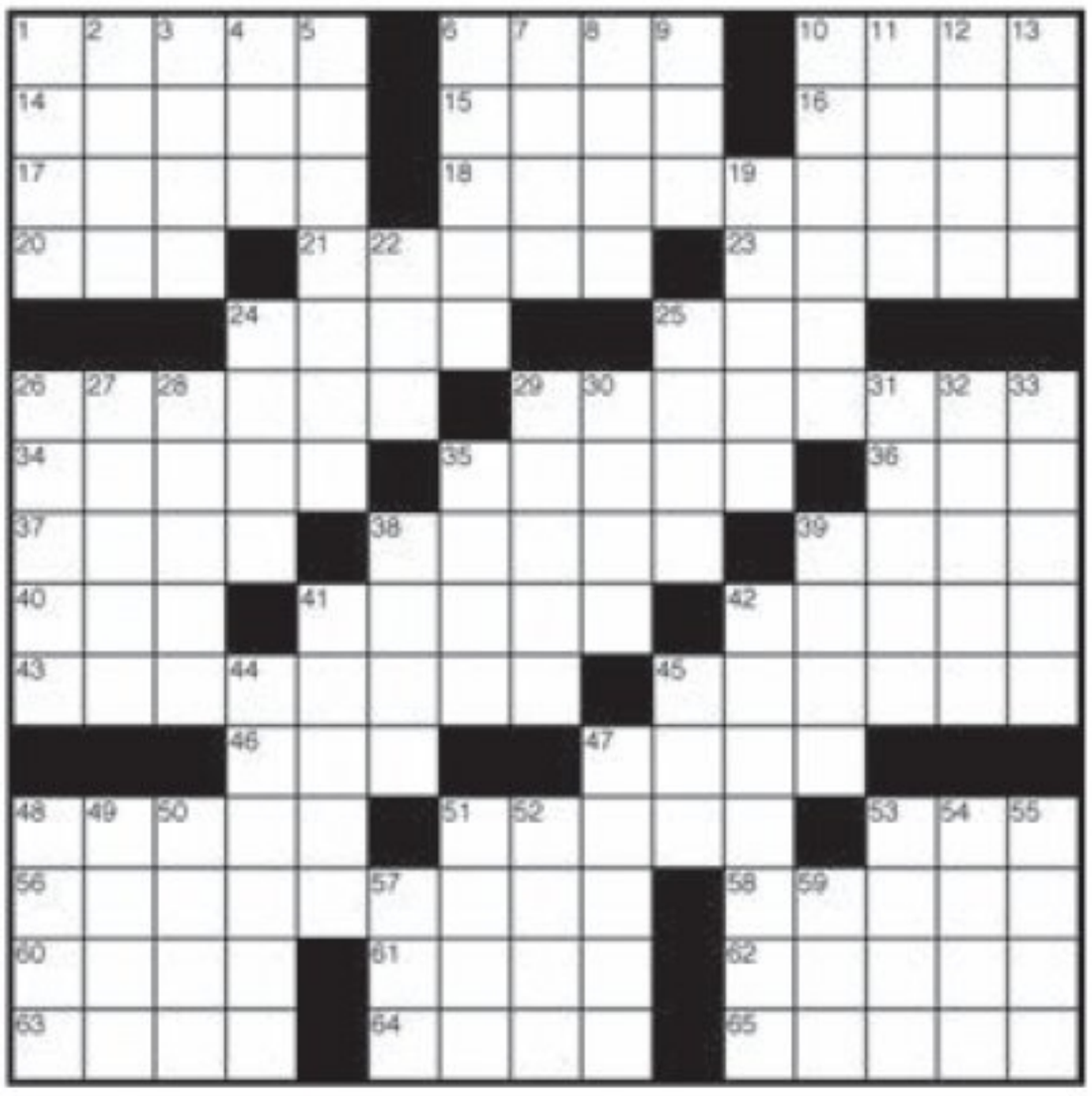

Across

1 Jazz genre
6 Like most radios
10 Ms. Moore of films
14 All kidding —
15 Make hay
16 Not think of
17 More feasible
18 In a risky situation (3 wds.)
20 Clasp tightly
21 "La Peste" author
23 Advise against
24 Rum-soaked cake
25 Winter malady
26 Becomes frayed
29 Move mentally
34 Platitude
35 Overpraised
36 You don't say!
37 Wire thicknesses
38 Raised, as prices
39 Planets or moons
40 Ali stung like one
41 Flood barrier
42 Welcome
43 Stares down
45 Paltry
46 Satisfy curiosity
47 Deal in
48 Auspices
51 Showy lily
53 Relay segment
56 Fossil beetle
58 Frat letter
60 Look like a wolf
61 — meridiem
62 Girder (hyph.)
63 Spore producer
64 Courteous chap
65 Like Thor

Down

1 Blowout
2 Hairy twin
3 Bob's road buddy
4 Keats opus
5 White sale tag
6 Coffee emanation
7 Waiter's offering
8 Blubber and suet
9 Radar meas.
10 Gift-wrapped (hyph.)
11 Radiate
12 Hacker's pets?
13 Anatomical passage
19 Loafed around
22 Pecs neighbor
24 Seeks alms
25 Went on the lam
26 Stallone role
27 Parting-word
28 Jeeves type
29 Small fries
30 D'Artagnan prop
31 Fairy-tale heavies
32 Buck the system
33 Fractious
35 Comb manufacturer
38 Aw, shucks!
39 Spoken
41 Dogie stopper
42 Quivering dessert
44 Conked out
45 "Mad Max" Gibson
47 Hard rain?
48 Fermi split it
49 Thus
50 Fish lung
51 Movie theater
52 Envelope abbr.
53 Smirk's kin
54 Depot info
55 It may be afoot
57 Doggie —
59 Cable option

metro.us/sudoku

easy

	7		4			5	1	
2	6			5				
			2	8				
			3	9		1		8
	2	7				9	6	
8		1		2	5			
				7	2			
				3			7	4
	1	2			6		8	

hard

3		4	2	8				
	1				6			
5		2	7					
8		5				2		
	2	7	8		9	1	4	
		3				6		7
					4	8		1
			6				7	
				2	8	9		6

metro.us/horoscopes

Aries Emotional issues pertaining to your home and family will escalate if you bring about changes without getting approval first. A money matter is best handled delicately.

Taurus Solutions will be found if you discuss your concerns openly. Persuasive tactics will help you get your way. You will be offered the chance to travel or reunite with someone special.

Gemini Go over details carefully before moving forward with a project that someone is shoving on you. Your talent and skill will be in demand, so pick and choose carefully.

Cancer Don't make impulsive moves. If you plan your actions, you will stay on top and win the favors required to excel. A romantic gesture will impress a loved one.

Leo You'll be tempted to meddle. Don't let anyone drag you into a no-win situation. Keep your distance and focus on making personal changes. Your job will be affected if you take sides.

Virgo Show some confidence and lay out your plans. You will impress the people you encounter if you get involved in educational pursuits or functions related to your work.

Libra Look for a way to bring about change without upsetting too many people. You'll be ripe for pursuits that require travel, discipline and learning. Do what's best for you.

Scorpio The level of your accomplishment will depend on how willing you are to follow your dreams. Don't be afraid to do things differently. It's your unique ideas that will take you furthest.

Sagittarius You won't get a unanimous vote of approval, no matter what you do. Be wary of the person too eager to help or offering something that sounds too good to be true.

Capricorn You've got everything you need at your fingertips, so don't hesitate to make your move. Take the initiative to bring about domestic and financial changes.

Aquarius You'll face opposition if you are too vocal regarding your plans. Bring about change quietly and do your due diligence when it comes to money matters and professional gains.

Pisces You'll gain support if you rely on people you've worked with in the past. If you stick to information that has been tested or proven to work, you'll avoid criticism. EUGENIA LAST

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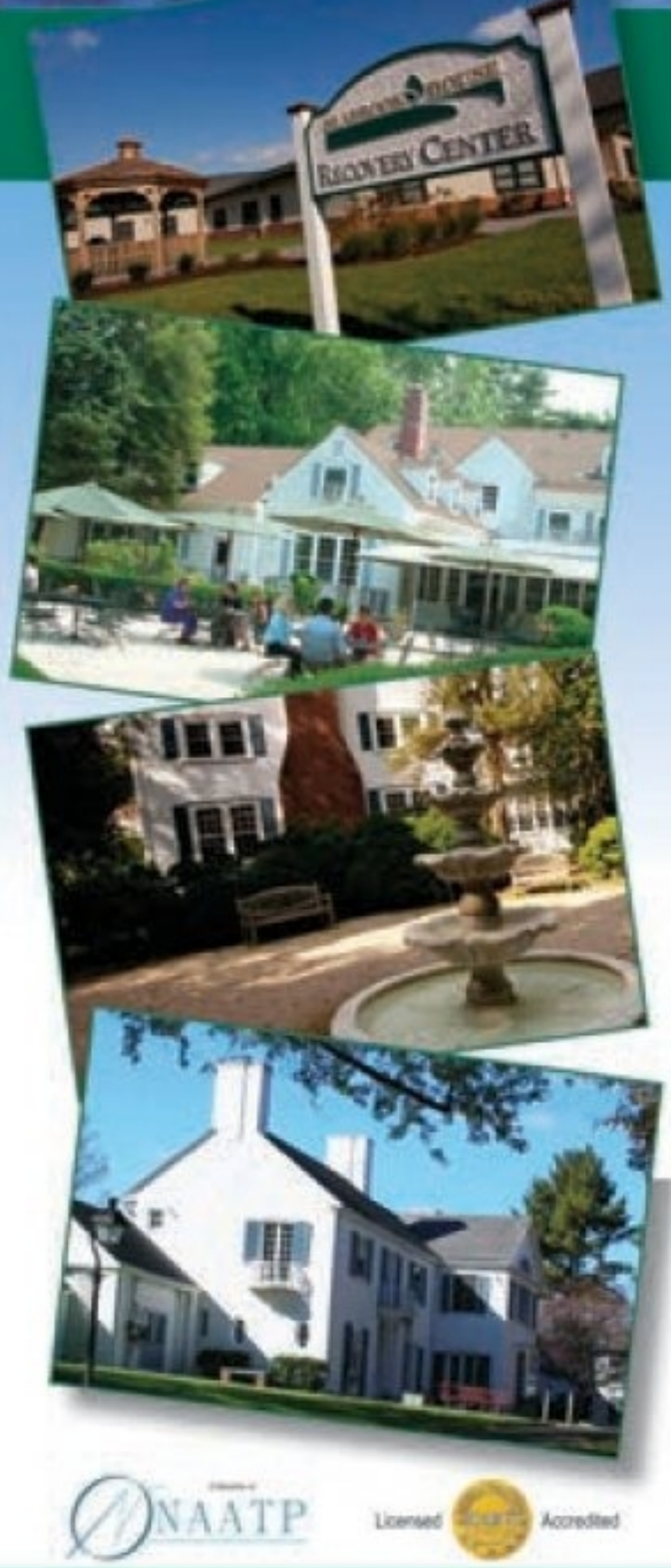

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